

# FEARFULLY AND WONDERFULLY MADE

*I WILL GIVE THANKS TO THEE, FOR I AM FEARFULLY AND WONDERFULLY MADE;  
WONDERFUL ARE THY WORKS, AND MY SOUL KNOWS IT VERY WELL. (PSALM 139:14)*



# THE INVISIBLE WOMAN PREDICAMENT



# CONTRIBUTING FACTORS IN CHILDHOOD :

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- **Rejection and abandonment**
- **Abuse: physical, emotional, sexual**
- **Bonding experience was lacking with mother or primary caretaker**
- **Parental neglect**
- **Parental modeling was dysfunctional (e.g. addictions, domestic violence, mental illness)**
- **The father was misogynistic – degraded women**
- **Children are seen and not heard, especially girls**

# LEARNING FROM OUR PAST

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*“The further backward  
you can look, the further  
forward you can see.”*

*~ Winston Churchill*

*“Those who cannot  
remember the past are  
condemned to repeat it.”*

*~ George Santayana*

## FROM THE TANACH:

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- ***What has been, already exists, and what is still to be, has already been, and God always seeks the pursued.***  
***(Ecclesiastes 3:15)***



# THE CHURCH FATHERS

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In his book, *On the Trinity*, VII.8., Augustine said, “*By herself woman is not of the image of God. The man, on the other hand, alone, is the image of God.*”

**The truth:** in order for humanity to express the fullness of God’s image, He created and endowed **both** women and men with different aspects of His image.

# OUR HEART: GOD'S HANDIWORK

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*“The heart is the center of man’s spiritual being. It is the citadel of his immortal soul. God is willing to make the citadel of our souls the stronghold of His garrison of peace. He wills make our hearts an impregnable fortress of spiritual power.”*

*~ Tony Marshall: from his book, **Prayer Availeth Much***

# THE GARDEN OF OUR HEART

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Keep your heart with all diligence,  
for out of it spring the issues of  
life. (Proverbs 4:23)





# OLD FEELINGS & BEHAVIORS

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Old feelings and behaviors can plague us even after we've walked with Yeshua for a number of years.

Habitual feelings and behaviors are reflections of where we've been and who we've been with. These repetitive feelings and behaviors (the ones we don't want in our lives) can tell us a lot about ourselves and our history.



# UNDERSTANDING

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*Wisdom rests in the heart of  
one who has understanding.  
(Proverbs 14:33)*

*Say to wisdom, "You are my  
sister,"  
and call understanding your  
intimate friend. (Proverbs  
7:4)*

# UNDERSTANDING - THE HOW TO

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# WHAT DID THEY MEAN BY THAT TEXT?!

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**With the absence of someone's presence, their facial features, their tone of voice, their body language; we are left with merely words, abbreviations, emoji's and gifs, to decipher what the person intended for us to understand.**



# ROLES AND VALUES

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- Roles are something we walk in whether we're aware of them or not.



# SOME OF US HAVE HAD STABLER STEPPING STONES

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# COMMON ROLES WITHIN FAMILIES WHO SUFFER WITH ADDICTIONS OR OTHER DYSFUNCTIONS

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- The Hero
- The Mascot or the Clown
- The Lost Child
- The Scapegoat



# VALUES

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- **Our values give us clues about what roles we are created to carry.**
- **Even as we seek the Father about our daily decisions, as well as life-changing ones, our core values will influence our choices.**
- **When you know your values, it brings more positive influence in how you see God working in and through your life.**





**The expression of our life is far-reaching. Yeshua has certain matters He wants accomplished in this hour. Each one of us has a key part in His redemptive plan. *And His plan includes women.***